

# GROUSE MOUNTAIN DAY QUILTERS GUILD NEWSLETTER

January 2020



## 2019—2020 Executive

President: Wendy L

Treasurer: Bonnie

Membership: Tracy L

Secretary: Marie G

Programs: Barbara

Library: Marg T

Newsletter: Lori B

Website: Teresa

<http://gmdqg.ca>

## President's Message

Happy New Year! I hope you enjoyed your time with family and friends over the holidays. I certainly did. My UFOs are still unfinished but I'll soon get back to my sewing machine. With the next couple of months of winter upon us, there will be lots of indoor time to work on them.

We have some great programs planned for the coming year, starting with Lorna Shapiro this month. See you at the meeting.

Wendy L

**Newsletter**—Deadline for the February newsletter submissions is February 6th

Grouse Mountain Day Quilters Guild meets the third Thursday of the month at 10:00 a.m. at St. Martin's Church, 195 Windsor Road, East, North Vancouver.

Please Remember to have your cell phones on mute or turned off during the meeting. Thank you.

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## LIBRARY

Happy New Year to everyone. Ready for a new year of quilting and reading about quilts or searching for that perfect next project? I have some new books ready to bring to the next meeting. I haven't had many member suggestions, so have gone ahead and made some choices for you. I always welcome suggestions from you. It's your library to build and use. Everyone is welcome to look through the list at the meeting or on our website for a book you might be interested in. If we have it, it can be found on the shelf by the number on the cover. If we don't have it, please write the title and author down and give it to me. I will do my best to add it to the collection.

Your guild librarian,

Marg T.

## New Archivist/Photographer

Many thanks to Gail M. for all the great photographs over the years she served as Archivist/Photographer. Judith F. and Gail H. have volunteered to take over this position. Thanks ladies!

## Something You Might Not Know About Me...

Who competed at an International singing competition and won a second place silver medal?

Who sang at Westminster Abbey?

Who exercised a race horse?

**If you have an item to send out to all guild members, please submit it to the President for approval and distribution.**

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## Programs

Happy New Year to you all. Amazingly we had a beautiful sunny day, which sadly did not extend into the new year. The silver lining to all this rain is that my sewing room is actually busy now!

This month we welcome Lorna Shapiro to give us a talk and trunk show on quilts and designing them. She will also have a small pop up shop for all of us to ooh and ah over her wonderful fabrics.

February is Comfort Quilt Day and I look forward to everyone participating in this community event. No matter how small, every little bit of help produces those beautiful community quilts to donate.

March we will have a talk on "Days for Girls", which I have found to be quite an exciting program.

Don't forget to let me know if you have finished one of your UFO's and shown it at show and tell.

All suggestions for speakers or workshops are welcome. Just make certain you see me write it down - my memory since retiring is terrible.

See you all at the Guild Meeting,

Barbara

**Volunteer Bakers** for January: Lisa, Marsha, Jan C. , Judy W. Thanks to everyone for your food contributions to our December Pot Luck Lunch. It was fabulous as usual!

**February:** We need 2 extra bakers for February as it is Comfort Quilt Workshop. Please let Wendy L. know if you can bake for February. Also please bring your lunch to the Feb. meeting.



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Moja Coffee Corp.  
1412 Rupert Street  
North Vancouver, BC V7J 1E9

Moja is a wonderful place to grab a cup of coffee. It is located at the corner of Rupert Street and Harbour Avenue (east of Canadian Tire).

Moja takes pride in supporting our community and we are pleased to thank Moja for their generosity.

When in the area, please drop in for a coffee. Enjoy a Thomas Haas treat and say 'Thanks' for providing our guild with coffee every month.

## REMINDERS!!!

Name Tags  
Library Books  
Mugs  
Show and Tell

Do you know a member who is under the weather? If so, please contact Sue R.



- Over 1500 bolts of first quality fabrics starting at \$9.95 metre
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Every Second Saturday of the Month: 10 am to 3 pm

Directions - When you are on 64th Ave turn onto 177 B St, turn right on 65a Ave, the first building on your left with a green stripe. Parking is in the front as well on the side.

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## Stitch –Ins

Thanks to everyone who came to the Stitch In at my house this month. Stitch-Ins are a great way to get to know other members in a smaller group. The hostess usually provides coffee, tea or a cold drink, and perhaps some muffins. If you are staying over the lunch hour, please bring whatever you want for lunch. The idea is to keep it simple so it's not a lot of work for the hostess and we can get together for a chat and some stitching. Lori B.



Grouse Mountain Day Quilters Guild

Next Meeting: **Thursday, February 20, 2020**

10:00 a.m. - 1:00 p.m.

( doors open from 9:00a.m.)

St. Martin's Anglican Church, 195 East Windsor, North Vancouver

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## Recipes

Wendy R. sent the link below for Chocolate Strawberry Whipped Cream Cake. The picture looks amazing! A must try!

<https://www.rockrecipes.com/chocolate-whipped-cream-cake-strawberries/>

## Newsletter

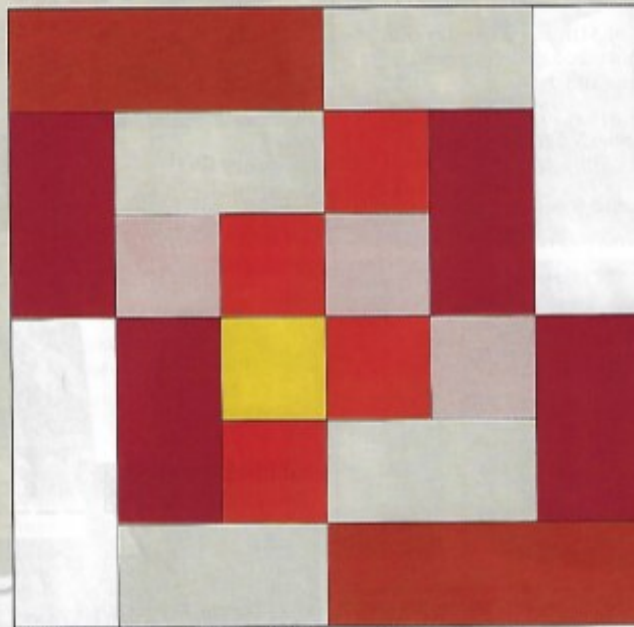
Thank you to everyone who contributed to the newsletter this month.

**Of Special Interest:** On the next two pages is an article from CQA Magazine about Quilts of Valour. Our guild is mentioned. The Pattern for the blocks is included.



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## HELP REACH 20,000!

by Mary Ewing, President, Quilts of Valour – Canada

Quilts of Valour – Canada Society\* (QOVC) will be at *Quilt Canada 2020* in Edmonton, AB, thanks to the generosity of CQA/ACC. Special guests will be invited to drop by and sew a *Brave and Bold* block or two. Quilt presentations to injured military members will take place during the three days of the show. Times for the presentations will be posted in the QOVC booth and on the website: [www.quiltsofvalour.ca](http://www.quiltsofvalour.ca).

Once again, it will be a great opportunity to say hi to all our quilters and supporters and to encourage everyone to sew a block or two! A daily tally of the blocks, tops and finished quilts received will be posted in the QOVC booth.

It was such a wonderful experience at *Quilt Canada 2019*, in Ottawa, when blocks, tops and finished quilts started to pile up in the QOVC booth. QOVC received over 4500 log cabin blocks! Finished quilts from these blocks are being assembled by quilters across Canada. All QOVC volunteers and participants are amazed at the generosity of quilters from all parts of Canada.

Log cabin blocks, tops and finished quilts continue to be donated to our representatives across Canada. Finished quilts made from the blocks gracious quilters took home are now being presented to injured military members across our great nation. A quilt will be presented during Veterans Week in November, to a retired service

member who served in Afghanistan. The blocks for this quilt were dropped off at the QOVC booth at *Quilt Canada 2019* by the Grouse Mountain Day Quilters Guild, North Vancouver, BC. The blocks were signed out by the Patchwork Pals of Yarmouth County, NS, assembled, quilted and will be presented in Nova Scotia. Quilters from coast to coast to coast are making a difference.

To date, QOVC has presented 13,642 quilts with a goal of 20,000 by the end of 2020. Support during *Quilt Canada 2020* will help Quilts of Valour reach our goal! QOVC thanks the many generous quilters who share their time and talents making quilts for our injured military. Your support is greatly appreciated.

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Unfinished block: 12½"

## BRAVE AND BOLD

Quarter-inch seam allowances.



QOVC is asking quilters across the country to make quilts for Canada's injured serving military and veterans using the *Bento Box* quilt block.

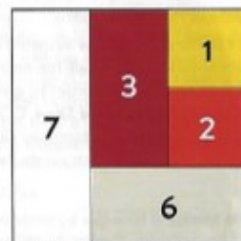
### Fabric Requirements

To make one block, please use:

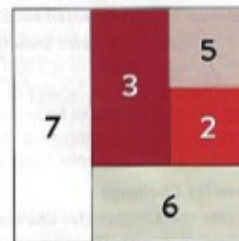
**Yellow** 2.5" x 2.5" square

**Reds** Four 2.5" x 2.5" squares  
Four 2.5" x 4.5" rectangles  
Two 2.5" x 6.5" rectangles)

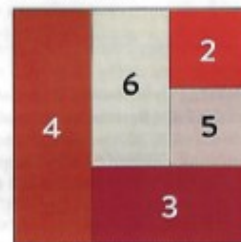
**Whites** Three 2.5" x 2.5" squares  
Four 2.5" x 4.5" rectangles  
Two 2.5" x 6.5" rectangles



Make one square



Make one square



Make two squares

### Quilt Assembly

Sew five rows of six blocks to make a quilt approximately 60" x 72" (30 blocks total).

#### TIPS

- We encourage you to make blocks from Northcott® fabric, using the *Oh Canada* line or any other beautiful line from Northcott.
- You are welcome to use your fabric stash (we know you have one!) for red, whites, creams and yellow.
- You can use the yellow block at your discretion. Both versions look wonderful.

- No borders are necessary, simply layer, quilt and bind.
- We ask that you also supply the binding for any *Brave and Bold* top you donate.

If you have any questions, please contact: Mary Ewing, [mary.ewing@quiltsofvalour.ca](mailto:mary.ewing@quiltsofvalour.ca), or Robbie Chapman, [robbie.chapman@quiltsofvalour.ca](mailto:robbie.chapman@quiltsofvalour.ca).

Your finished quilts, tops and blocks can be sent to a local QOVC representative, found at [www.quiltsofvalour.ca](http://www.quiltsofvalour.ca), or bring quilts, tops and blocks to *Quilt Canada 2020, Gateway to Adventure*, in Edmonton, AB, June 18 to 20. 🍀

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