

Hello Everyone,

Spring has arrived and it is a good time to be cleaning and clearing out our sewing items. I look forward to our sales tables this month although I always seem to come away with more items than I take to sell!

A number of us enjoyed yet another retreat in late March in White Rock. It was a lot of fun and remarkably, we all seemed to get a lot of sewing done.

Once again Wineberry's were very generous and I was lucky to win one of the prizes. If you have never attended one of our retreats, try one. You really do get to know your fellow members and you always end up learning a new trick, technique or discover a new gadget.

Thanks to Dorothy Saunders, Donna Oliver and Christiane Rolland for being our nominating committee this year and for the great work you have done in encouraging members to stand for executive election.

I see there are several quilt shows coming up in the next couple of months and that makes me think, ladies it's time we held another show. So, if you are interested in organizing a quilt show or co-organizing a show, talk to me. Let's see what we can do!!!

**Joy**



## 2014 - 2015 Executive

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Secretary:	Mona
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Library:	Judy
Comfort Quilts:	Terry
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<http://gmdqg.ca>

Grouse Mountain Day Quilters Guild  
meets the third Thursday of the month  
at St. Martin's Anglican Church  
195 Windsor Road East, North Vancouver

## PROGRAMS

### APRIL 16, 2015 PROGRAM: SPRING CLEANING

Organizer: Trish Vickery.

In April there will be a "bring and buy" sale after the break. This will be self directed and participants will be responsible for pricing and set up. If lots of people plan to sell, tables may have to be shared.

The only rules are that items must be sewing related, and it would be fun if each seller brought a "door prize" to kick off the sale.

### MAY 21, 2015 PROGRAM: Trunk Show by Cathy Miller

Organizer: Gigi Hamer.

Cathy Miller, the Singing Quilter, and her husband John Bunge will be presenting a program of songs, stories and quilts.

See Cathy's website at [www.singingquilter.com](http://www.singingquilter.com) for inspiration.

## WORKSHOPS

**FRIDAY, MAY 22, 2015 WORKSHOP: Cathy Miller**  
**10:00 am to 4:00 pm at Capilano Library, Potlatch Room**

Organizer: Gigi Hamer

### MOCK MOLA" APPLIQUÉ: Raw Edge Machine Reverse Appliqué

A traditional [mola](#) is a multi-layered, needle turned, hand stitched, reverse appliqué. If it is machine stitched it is a mock mola.

This class features Cathy's fast and easy technique for reverse appliqué. It is a great way to use "holy" fabric that you can't bear to cut up and wonderful for trying new design ideas. Students will learn this technique by working on a small individual project using two layers of fabric, plus batting and backing. With Cathy's help, each student will design her/his own piece. Machine quilting will attach all the layers together, then the top layer is cut to reveal the design.

The pieces will be mostly completed at the end of the class. This is a hugely popular workshop!

At the April guild meeting we will have a workshop sign-up sheet and a supply list. We need a few more participants to break even so **please** consider joining us. We will also have a small sample quilt made by Cathy using the mock mola technique. Please see Cathy's website at [www.singingquilter.com](http://www.singingquilter.com) for further details and examples.

## MISCELLANEOUS EVENTS

### SATURDAY, MAY 2, 2015 DAY TRIP TO SUNSHINE COAST QUILT SHOW:

Organizers: Connie Willoner and Gigi Hamer

We will be arranging carpools for Saturday, May 2 and Connie will have more detailed information at the April general meeting.

### JUNE 2015 RETREAT AT FIRESIDE LODGE IN WHISTLER

**Wednesday, June 10 to Sunday, June 14, 2015**

Organizers: Gigi Hamer and Barbara Milgrom.

We have a reservation for 10 to 12 people for our annual Whistler Retreat for arrival at Fireside Lodge on Wednesday, June 10, or Thursday, June 11 and departure on Sunday, June 14. This year it will be on the weekend before Father's Day and we have a couple of spaces left.

At the April meeting, we will have a sign-up sheet and an information sheet.

As many of you know, there is a large communal kitchen and we will be preparing our own food. If you have something you would like to make or a meal you would like to be responsible for, please insert that information in the sign-up sheet. This will greatly help us in coming up with a schedule which Barbara has kindly offered to organize.

We have arranged to have someone carry all our gear to the upstairs lobby when we arrive and to the downstairs loading platform when we leave for a total per person cost of \$10.00.

If you are writing a cheque please make it payable to Gigi Hamer as this is neither a program nor a workshop and should not be part of our guild's financial records. Gigi will be paying cash to Randy, the manager, when we arrive.

After you have signed up and paid your \$10.00 you should contact Randy and make your own room bookings. His toll free number is 1-866-932-3994.

If you have any questions or comments please contact Gigi and/or Barbara by e-mail or telephone one of them.

## LATEST GUILD "STITCH-IN" ...

*Thank you, Donna!*



**WHITE ROCK RETREAT**

March 27-30, 2015

Many thanks once again, to Catriona Johnson

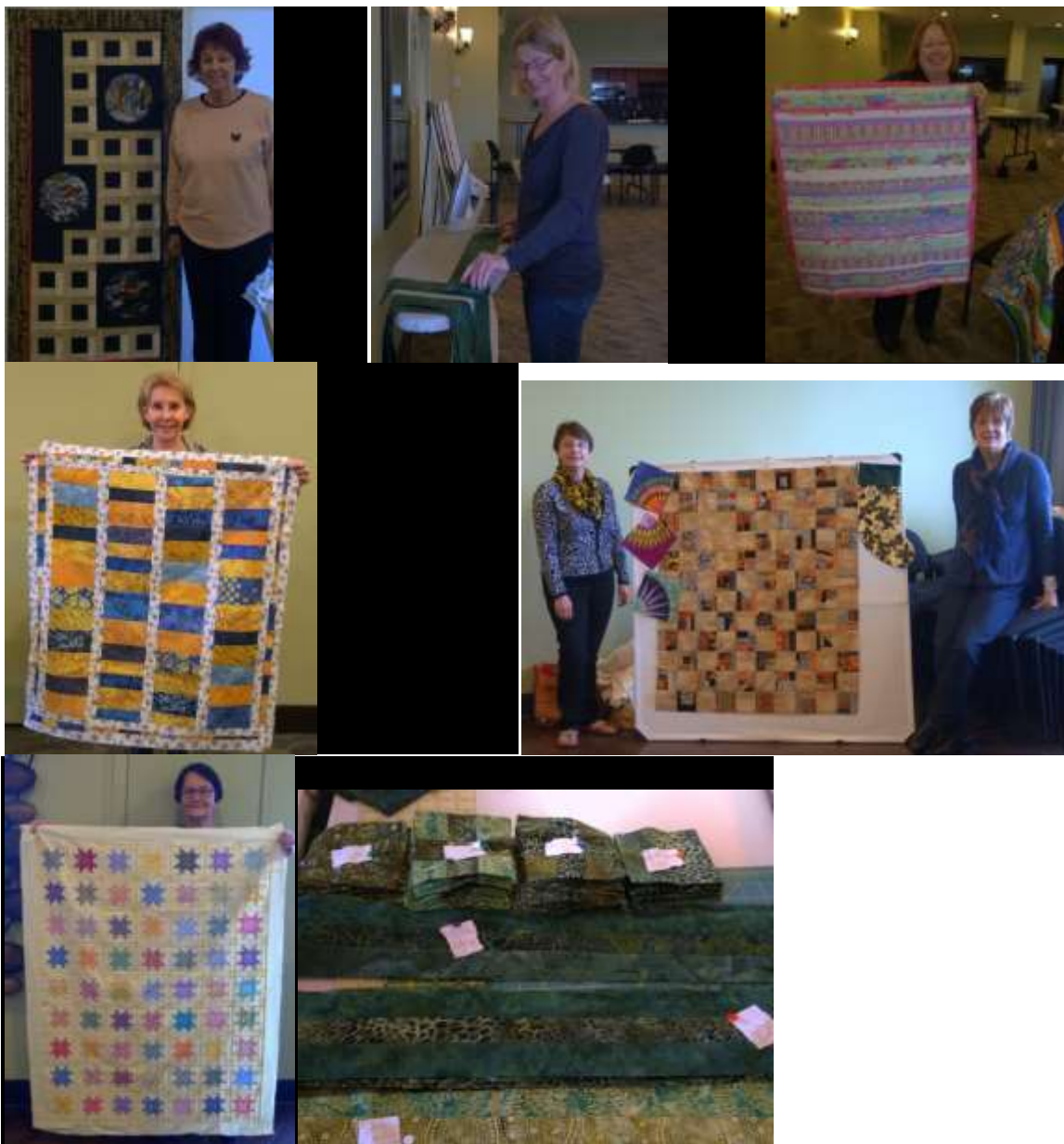
for organizing such a great retreat!!!

As you can see, a fun ...



*The "Repository for Textile Accumulation & Investment"  
sounds more impressive than "Fabric Stash"*

... And productive time was had by one and all!



**Whoever said:  
"Less is more"  
never had a dessert,  
and she certainly never bought fabric!**

## NEWS UPDATE



*Canadian Quilters' Association /  
Association canadienne de la courtepointe*

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### Call for Teachers 2016

The Canadian Quilters Association/Association canadienne de la courtepointe is pleased to announce that **Quilt Canada 2016** will be held in the Toronto, Ontario area, **June 2016**, venue TBA.

The Conference Coordinator invites all interested teachers to submit proposals for workshops. One day workshops are preferred with a limited number of 2 day workshops being considered. Workshop content may be for novice to experienced, traditional to contemporary, machine and non-machine, including long arm.

Please submit your proposals before April 10, 2015 to Liz Thompson, Quilt Canada Coordinator, at [cqacoordinator@gmail.com](mailto:cqacoordinator@gmail.com).



### CQA/ACC Board of Directors and Administration

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**CQA/ACC Administrative Assistant:** Jackie Philpott [administration@canadianquilter.com](mailto:administration@canadianquilter.com)

## UPCOMING EVENTS

### "Our Timeless Treasures, A Decade of Quilting" Quilt Show

April 17-18, 2015 Eagle Ridge Community Centre, 1089 Langford Parkway, Langford, B.C.

The show will include a display of up to 300 quilts, large Merchant Mall, Guild Boutique store, displays as well as quilting demonstrations with audience participation and much, much more. The admission is \$6.00 which covers both days and there is no charge for the bus driver or caregivers if required for wheelchairs etc., these persons must identify themselves at time of entry. Hours will be Friday 10-7, Saturday 10-5.

If you require further information for directions, transportation etc., please contact <mailto:dmasson@shaw.ca>

### StashFest 2015

April 18, 10AM - 5PM  
La Conner Civic Garden Club  
622 South 2nd Street  
La Conner WA 98257

A sale of remarkable and unique fabrics--for quilting, fashion and home décor.

Plus, gorgeous wearable items and a Sponsor Shop filled with enticing products from major manufacturers. Door prizes--given away every hour! [...]

### Sunshine Coast Quilters' Guild Show

May 1, 2, & 3, 2015  
Gibsons, BC <http://scquiltersguild.com/2015QShow.html>

### Quilts By The Bay 2015

Saturday May 9 and Sunday, May 10, 10 am-4pm  
Richmond Curling Club, 5540 Hollybridge Way, Richmond BC  
Admission \$6, Husbands Free

Come and Enjoy: Merchant's Mall = Matt Wheeler - Featured Quilter = Guild Boutique = Demonstrations = "Make' n Take" For more information : [www.boundarybayquiltsguild.ca](http://www.boundarybayquiltsguild.ca) or Kathy Chambers [604 782 6671](tel:6047826671)

### Fraser Valley Quilters' Guild Show

June 12 & 13, 2015  
Langley, BC <http://fvqg.org/wrappedin colour2015.php>

### Vancouver Quilters' Guild Show

October 23 & 24, 2015  
Vancouver, BC <http://vancouverquiltersguild.com/show.htm>



### WHAT IS VALUE?

In simple terms, value is the brightness of a colour. A colour can be lightened in value by adding white, or darkened in value by adding black. Most quilts will have a mix of high, medium and low value fabrics, but there are other options:

#### High Contrast

Choosing fabrics that are at extreme ends of the value scale make for a High Contrast quilt. A high contrast quilt will use one or more very dark fabrics, and one or more very light fabrics, with no fabrics that would be considered a medium value.

#### Low Contrast

Low contrast quilts consist of fabrics that are very similar in value. Currently popular with modern quilters, Low Contrast quilts are often made with lighter fabrics that blend well.

### COLOUR IS RELATIVE

Determining the value of a fabric can be challenging, and it's not always established just by looking. It's interesting to note that if you place two fabrics together - say a royal blue next to a sky blue, the royal blue will have the darker value. But if you place the royal blue fabric next to a navy blue fabric, the navy will take on the darker value. Keep that in mind when choosing fabrics that will be used together in a quilt.

### HOW TO DETERMINE VALUE

There are a number of easy ways to help you determine the value of a fabric you are auditioning for a quilt.

#### **Value Order:**

Place the fabrics in a row on your design wall or table, in order from light to dark. Step back and observe - do the fabrics blend evenly from light to dark, or is there one fabric in the middle that 'jumps' out?

#### **Photograph:**

Take a photograph of your chosen fabrics using the black and white on your camera or the photo editing program on your computer. The values show up considerably in black and white and make choices much easier.

#### **Photocopy:**

You can also photocopy your fabrics in black and white for the same results as with photography.

#### **Value Tools:**

Quilt shops carry value finder tools, which are inexpensive red and green tinted lenses that remove the colour from a fabric and shows only the lightness or darkness.

### BE PATIENT WITH PATTERNS

It's relatively easy to determine the value of one solid coloured fabric next to another, but what about patterned fabrics? Pick one spot in the fabric, and you may decide it has a light value. Choose another spot in the fabric and it may have a dark value. Keep that in mind when using patterned fabrics, and match it based on the value that stands out the most. Now that you have a better idea of how value affects colour choices, you should no longer feel intimidated by fabric. Take a little extra time to choose fabrics based on the colour value, and your next quilt will be a colourful success!



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**Quilter's Acronyms**

- UFO: unfinished object
- WIP: work in progress
- PHD: projects half done
- PIC: project in grocery bag
- WOMBAT: waste of money, batting and time
- NESTY: not even started yet
- PFC: professional fabric collector
- STABLE: stash accumulation beyond life expectancy



**Rosa Floral Design**  
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## Moja

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Alexis Thomson  
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alexis@mojacoffee.com

Moja is a wonderful place to grab a cup of coffee. It is located at the corner of Rupert Street and Harbour Ave (east of Canadian Tire)

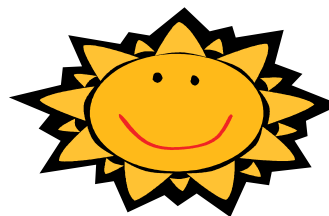
Moja takes pride in supporting our community and we are pleased to thank Moja for their generosity.

When in the area, please drop in for a coffee.

Enjoy a Thomas Haas treat and say "Thanks" for providing our Guild with coffee every month!

### REMINDERS!!!

- Name Tags
- Mugs
- Library Books
- Show and Tell



Do you know of a member who is under the weather?

If so, please email Jan ...

callowjan@hotmail.com

Grouse Mountain Day Quilters Guild

**Next Meeting: Thursday April 16th, 2015**

10:00 a.m. - 1:00 p.m.  
(doors open from 9:00)

*Apologies for any errors/omissions.*

*Contact Margo for changes at 604-986-3415 or margojnovak@gmail.com*