

Hello ladies,

As I sit down to write this letter the rain is falling and it is getting dark outside. I guess it is time to spend more time quilting.

This month we will hold the AGM prior to our general meeting.

Please bring with you copies of the income statement and the proposed budget for your use, as there will be none available at the meeting.

I would also like to remind everyone that you are not allowed to vote at the AGM if you have not paid your membership fees or, you are an associate member.

October and Fall have arrived now and, I thought it would be nice to bring along your favorite Halloween or Autumnal quilts to decorate the hall during our meeting.

That reminds, thanks to those members who volunteered to hang up our quilts for "Show and Tell", I am sure you will be busy!

Good wishes for the coming Thanksgiving holiday. We have so much to be thankful for, just living in this wonderful part of the world.

See you all in October,

Joy Brown

2014 - 2015 Executive

President: Joy
Treasurer: Susan
Membership: Kathy
Secretary: Mona
Programs: Gigi
Library: Judy
Comfort Quilts: Terry
Newsletter: Margo
Website: Teresa

<http://gmdqg.ca>



Grouse Mountain Day Quilters Guild
meets the third Thursday of the month
at St. Martin's Anglican Church
195 Windsor Road East, North Vancouver

PROGRAMS and WORKSHOPS

BATIK BEAUTIES SQUARE EXCHANGE

Anna Smith & Gigi Hamer

Anna presented this project at the September meeting and a show of hands made it seem likely that we will be able to have 2 or 3 teams of up to 10 members. At the September meeting, Anna and Trish Vickery showed their spectacular quilts made with Batik Beauties squares they exchanged some time ago.

Trish will bring her quilt to the October meeting for those of you who missed the September meeting. Gigi will also bring a sample block for each participant.

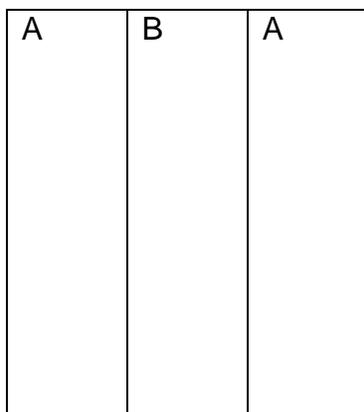
Monthly fabric requirements for 10 blocks will be about 2 FQs.

Using a number of colours, you are certainly going to get hooked on this fast and fun project.

Please use only batiks and prewash them with Retayne. You will be completing a number of square in square blocks.

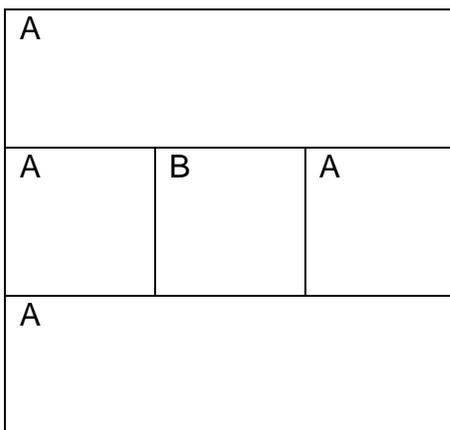
Press fabrics, then cut strips 2 inches wide.

Then sew the same colour strip (Colour A) to each side of the centre strip (Colour B) which is generally an eye-popping colour. Press and then cut this strip set, which should now measure 5 inches across, in 2 inch pieces.



Now add a strip of Colour A to each side of the centre strip to complete your 5 inch square.

It is very important to make these squares a uniform 5 inches. Press squares with seams toward raw edges.



To use up your fabric, make some B/A/B

There will be a sign up sheet at the October meeting and soon after that we will be organizing the participants into teams which will not exceed 10 per team.

At the November meeting and every month until the June 2015 meeting, you are to **bring a minimum of one square for each member of your team, including yourself**, and give them to Gigi at the beginning of the meeting. After the business meeting, you can collect your package of squares made by your team members.

The squares do not have to be the same for each of your team members. Anna's queen size quilt has about 400 squares sewn on point.

To increase the size of your quilt, you can easily make and add additional squares and borders. Anna estimates that each square will take about 5 minutes to make.

OCTOBER 2014 GUEST SPEAKER

Stephanie Perrins, Owner of "Stitch & Bobbin"

After our annual general meeting and October meeting and Show and Tell is over, Stephanie Perrins will be coming to speak to us for about 15 minutes and will be bringing some fabrics for us to drool over and possibly purchase. *Cash or cheque preferred.*

Stephanie always dreamed of opening a quilt shop once she retired. She's a mere 30 years away from retirement but thought it was more important to follow her dreams now, rather than wait till she turns 60.

Stephanie began sewing with the help of her mother at a very young age. Her first quilt was completed by age 13, and she has steadily been compiling her stash since then.

Stephanie's mother, Rae Perrins, was an active member of the Lions Gate Quilt Guild and the Grouse Mountain Day Quilters Guild where she got the chance to share something she loved and where she forged many great friendships.

JANUARY 2015 RETREAT AT FIBRE EXPRESSIONS IN SECHELT

Last year's retreat was a great success and we have reserved space for up to 14 quilters from **Sunday, January 11 to Wednesday, January 14, 2015.**

More detailed information will appear in our November newsletter but please pencil in those dates in your calendars.

FUTURE PROGRAMS and WORKSHOPS

Our committee will be meeting before the November meeting to brainstorm about possible programs and workshops and look forward to hearing any suggestions you may have.

WHITE ROCK RETREAT

Friday, November 14 to Monday, November 17

Please join us for a weekend of sewing, friendship and a good time!

We will be staying at the Ocean Promenade Hotel, 15661 Marine Drive in White Rock. Reservations: **1-888-976-2326** www.oceanpromenadehotel.com.

A variety of rooms are available – from single bedrooms to full kitchen, 2-bedroom suites to share with others. Book your own room and let them know you are with the Grouse Guild, as we have arranged a special room rate for you.

The cost per person to rent the Conference (sewing) room is **\$ 50.00** for the weekend, based on 16 persons attending.

Call Catriona **(604) 985-2193** to reserve your spot and she will collect your deposit at the October meeting.

There are many restaurants within walking distance of the hotel, or if you are planning to rent a suite, bring your own food. There is also a daytime lunch/coffee shop in the hotel.

This is a great time to share ideas, finish off UFOs, or just sew, sew, sew. We would love to see new members join us.

Hope to see you there for a fun-filled weekend of quilting and getting to know each other a little better.

Josie

NORTH SHORE NEIGHBORHOOD HOUSE

I will be doing my part in giving back to the community again this year, the teens of the North Shore Neighborhood House.

I am collecting NEW samples of make-up, shampoos & conditioners, bubble bath and soaps. These items are needed for mainly women, but we have a couple of men. I will be including these items in a cosmetic bag for the single parent. For the children that were there last year, they received a quilt and were very appreciative of this personal item. If they are still with the house this year, they will be receiving a pillow case and pillow, with story book.

If anyone would like to help and make some French seam pillow cases, I would appreciate any made. Please make in bright children's fabric with accent cuff. For the new children of NSNH, we will give them a quilt, so if anyone has children's quilts to donate please know that they will be happily received.

One of the sponsors I have partnered with again this year is the women of the PEO Chapter of Kathy Alexander's group, and I thank those ladies. Last year they donated bags of store bought shampoos, bubble baths, etc. The monetary donation also helped me purchase the things that we needed to fulfill the gift baskets. Thank you to all the ladies who have donated in the past, and in the current, I really appreciate it and I know after seeing the children's faces last year, how much they do too!

Love Tracey



Library:

Thanks to Teresa the library list has been updated and is available on the web site.

Judy



FOR SALE : Q-Snap Floor Frame

Asking **\$30.00** or best offer. (New they are \$120.00). Frame comes apart.
Willing to deliver ...

Thanks, Kathy [604-644-7116](tel:604-644-7116).

Rules for Quilting

1. Always buy new fabric no matter how much you already have.
2. Sew all day and night.
Absolutely no cooking allowed.
3. And always start a new Quilt before the last one is finished.
This requires you to back to step #1

ShadywoodQuilts.com



If someone ever tells you, you have "enough" fabric and don't need any more, stop talking to them.

You don't need that kind of negativity in your life!

TIPS FOR PAPER PIECING

Posted October 1st, 2014 by [quiltercon](#)

1. If you haven't paper pieced before, use a pattern that has larger, and fewer, pieces. Practice until you are comfortable, then move onto more intricate designs.
2. If you are doing multiple blocks of the same pattern, pre-cut your fabric and label them with the pattern piece number to make the sewing go faster.
3. Set your machine for a smaller stitch length (15 – 20 stitches per inch) to make it easier to remove the paper. A smaller stitch length also holds the seams better when you're ripping the paper away. (You can also use a slightly larger needle. A larger needle makes larger holes in the paper).
4. Don't worry if the raw edges of your fabric pieces match up exactly, as you will be trimming them down later anyway.
5. Several types of paper are good for paper-piecing. You can use regular typewriter or copy paper, but unprinted newsprint is best. You may also want to try using freezer paper – you can re-use the smaller pieces for other projects!
6. Pin your fabric, or use a small dab of children's glue, onto the wrong side of the paper to hold it in place so it doesn't shuffle as you sew.
7. Begin stitching before the line starts, and end your stitching after the line ends. This way your seams will not pull apart.
8. Use a dry iron when pressing paper pieced blocks. Steam may cause the ink to bleed onto your fabric.
9. Keep a pair of tweezers handy to remove smaller pieces of paper left after ripping the paper pattern away. If there are still paper bits left over, dampen a q-tip and wet the paper – it will easily come off.
10. Remember to change your sewing machine needle more often when you are doing a lot of paper piecing – the paper will dull your needle.

OTHER QUILT GUILD WEBSITES

www.canadianquilter.com

Blue Mountain Quilters Guild www.bluemountainquiltersguild.ca (Port Coquitlam)

Boundary Bay Quilters Guild www.boundarybayquiltersguild.ca (Boundary Bay)

Lions Gate Quilters Guild www.lionsgatequiltersguild.com (North Vancouver)

Campbell River Friendship Quilter's Guild www.crfriendshipquiltguild.com

*Parksville Quilt House Quilters' Guild www.parksvillequilthousequilters.com
(Coombs)*

Victoria Quilters' Guild www.victoriaquiltersguild.org

Sunshine Coast Quilters Guild www.scquiltersguild.com (Sechelt)

Langley Quilters' Guild www.langleyquiltersguild.com.

Squamish Valley Quilters' Guild www.squamishquilters.wordpress.com

Nanaimo Quilters' Guild www.islandquilters.ca

Chilliwack Quilters' Guild www.chilliwackquiltersguild.com

Fraser Valley Modern Quilt Guild www.fvmodernquilt.com (Abbotsford)

Fraser Valley Quilters' Guild www.fvqg.org (Delta)

Vancouver Modern Quilt Guild www.vancouvermodernquiltguild.ca

Vancouver Quilters Guild www.vancouverquiltersguild.com

Whistler Valley Quilters Guild www.whistlerquilters.com

Do you need to clean out your sewing room???

You can bring your extra fabric, thread and any sewing materials to the next Guild meeting. Mona will gladly deliver your donations to the Maywood School.

UPCOMING EVENTS

October 17-18, 2014 - 5:00 - 8:30 (Fri), 9:00 - 4:00 (Sat)

PieceMaking in the Valley 2014, Chilliwack PieceMakers Quilting Guild
Chilliwack Alliance Church, 8700 Young Rd. Chilliwack

October 17-19, 2014

Creative Threads Conspiracy, a fun getaway for fabric artists of every stripe!
www.creativethreadsconspiracy.com

October 25-26, 2014 - 10:00 - 4:00

Crazy 4 Quilts, Blue Mountain Quilters 'Guild Show Admission \$5
Maple Creek Middle School, 3700 Hastings St., Port Coquitlam



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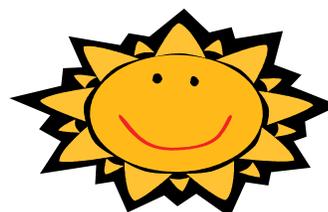
Moja is a wonderful place to grab a cup of coffee. It is located at the corner of Rupert Street and Harbour Ave (east of Canadian Tire)

Moja takes pride in supporting our community and we are pleased to thank Moja for their generosity.

When in the area, please drop in for a coffee.
Enjoy a Thomas Haas treat and say "Thanks" for providing our Guild with coffee every month!

REMINDERS!!!

- ✓ Name Tags
- ✓ Mugs
- ✓ Library Books
- ✓ Show and Tell



Do you know of a member who is under the weather?

If so, please email

Jan

callowjan@hotmail.com

Grouse Mountain Day Quilters Guild

Next Meeting: Thursday October 16th

10:00 a.m. - 1:00 p.m.
(doors open from 9:00)

Apologies for any errors/omissions.

Contact Margo for changes at 604-986-3415 or margojnovak@gmail.com