

2013 - 2014 Executive

President: Tracey

Treasurer: Gail

Membership: Kerry

Secretary: Mona

Programs: Gigi

Library: Ros

Comfort
Quilts: Terry

Newsletter: Margo

Website: Teresa

<http://gmdqg.ca>

Well Hello Ladies and welcome to the Grouse Mountain Day Quilt Guild's May Newsletter.

I hope everyone is doing well and that this paper finds you all deep in your thoughts of your next creation on fabric. Nowadays we can take our creativity from anywhere. We can find it from indoors or outdoors, from wild life or your own garden. You can start with a favorite piece of fabric and build from there, or trade with friends and make your project work. These days we are so very lucky to have such wonderful family and friends in our lives, to help us out with our creative blocks or mistakes in our projects. Everything can be fixed, sometimes we just need a different pair of eyes to help us with the correction.

May is a wonderful time of the year with everything growing, from trees to perennials, flowers to fabric stashes. We all think we can do it all. We can work in the morning, garden in the afternoon and stitch in the evening. But something eventually has to give and unfortunately our hands start to get tired and so does the rest of us.

This is the time of year when we wind down the quilting and start in on our gardens. Our brains start to think of all the different inspirations from good old mother nature. I have already seen a large coyote with big piercing green eyes staring only 10 feet from me in Stanley Park at 1:30pm on a Sunday afternoon. Or two Northern Flicker Woodpeckers making what they hope is their first born in the neighbor's cherry tree. Or my little grey squirrel with the big bushy tail who steals my old crow's peanuts that I feed him. There is so much inspiration out there that there isn't enough hours in a day. Some days I crawl into the house looking for my bed, just wondering if I can just close my eyes for a few minutes.

Thank you to Krista Hennebury last month for the Modern Quilting lesson that we all received. She taught us why it is called Modern Quilting, and what it is all about. We shall see what some of us learned in what is the challenge for the September meeting with two pieces of modern fabric that Trish charged us \$2 dollars for. Let's see what everyone can make with it. Good luck, and we'll see them in September.

We are so fortunate to have another guest speaker this month lonne McCauley, she will be here speaking about Colour and Value. I hope to see you on May 15th, 2014.

Love Tracey

Grouse Mountain Day Quilters Guild
meets the third Thursday of the month
at St. Martin's Anglican Church
195 Windsor Road East, North Vancouver

MEMBERSHIP REPORT

I will be writing out our 2014/2015 membership cards soon, so before I do that I thought I'd just ask if there are any members who would like to change their status from a Full-time member to an Associate member or Out of Town member.

Just to refresh, an Associate member or Out of Town member, must have been a Full-time member in good standing for a minimum of one year and must put in a request to the Executive and be approved. Associate memberships may be requested by members whose personal circumstances will not allow them to make the regular required commitment to the Guild, for a limited time.

Out of Town memberships will only be extended to those members who have moved from the Lower Mainland. Associate members are required to pay the regular membership fees, and Out of Town members will pay a fee as determined by the Guild executive. Only 20% of the total Guild membership may be Out of Town or Associate, (10% in each category).

Associate memberships will be limited to a three-year term unless an extension is approved by the executive. OT and A members (Out of Town and Associate) retain the right to attend meetings, workshops and retreats (space permitting). They will also continue to receive the monthly newsletter, but are not entitled to vote or hold executive positions.

If you are thinking about a change of status, please send me a request via email.

Piecefully yours,
Kerry

You know you are a quilter if your ironing board is always set up and you never iron shirts!

PROGRAMS AND WORKSHOPS

ROUND ROBIN ROW QUILT CHALLENGE – Connie Willoner

Each participant now has her own pillowcase back with 5 rows completed. Many of you have already begun creating a quilt incorporating the 5 rows and at the June meeting we will be displaying our finished projects. And some of you will win prizes.

UFO CHALLENGE – Trish Vickery

Please bring all your completed UFO projects or photos of them in May so I can record them and enter you in the draw.

One entry for each completed project and the prizes will be awarded at the June meeting.

MODERN CHALLENGE – Trish Vickery

I have put together “Modern Challenge packages” with results to be shown at our September meeting. There are 2 modern fabrics and the theme will be “High Contrast.”

The projects can be anything from a quilt to a bag or wall hanging or a cushion cover. Both fabrics must be featured in your design. The packages cost \$2.00 each.

I have already handed out 20 packages and if you missed a chance to participate in the challenge for September I can prepare some more packages for the May meeting. Please email me if you would like one.

MAY 15 PROGRAM – Mari-Lou Laishley and Gigi Hamer

Ionne McCaulay has accepted our invitation to present her trunk show at our May 15 general meeting.

Kim Carlson has kindly volunteered to billet her. Unfortunately, Mari-Lou will be away on a holiday and is very disappointed she will miss this presentation.

PROGRAMS AND WORKSHOPS continued

SHOW & TELL

Please bring your Show & Tell items to share with us.

**MAY 16 WORKSHOP – Mari-Lou Laishley and Gigi Hamer
Colour for the Terrified Quilter- Colour and Value**

Ionne McCauley's workshop "Colour for the Terrified Quilter" is being held **Friday, May 16, 2014 in the Capilano Library Potlatch room from 10 am to 4 pm.**

This course will help you choose fabric colours for projects. You will create your own reference book while working through exercises using fabrics. This one day class will introduce you to the colour wheel teaching you how colours work together and how value choices affect your quilting projects. Discover the difference between value and intensity and how different colour choices work to make your quilts sing.

There is still space left in the workshop. The cost is **\$45.00** per person. Gigi has the signup sheet and copies of the supply list.

MAY SPRING TABLE SALE

Welcome to the GMDQG Spring Sale. We not only have fabric and notions for sale but also beautifully sewn creations from women of all years' of experience who love to sew.

We will have tables set up for you to put your items on, and for all to browse and shop. To make it fair for all, we will set up a start time. Please make sure all of your for sale items are carefully marked with your full set of initials and your price. Or it's free! See you at the meeting on May 15th, 2014.

WHISTLER RETREAT

Gigi Hamer, Co-Ordinator

We have a reservation for 10 to 12 people for our annual Whistler Retreat for arrival at Fireside Lodge on **Wednesday, June 11 and departure on Sunday, June 15** (which is Father's Day). Six people have already signed up. At the May meeting, I will have the sign-up sheet in case more of you would like to join us.

As many of you know, there is a large communal kitchen and we will be preparing our own food. If you have something you would like to make or a meal you would like to be responsible for, please insert that information in the sign-up sheet. This will greatly help us in coming up with a schedule.

I have arranged to have someone carry all our gear to the upstairs lobby when we arrive and the downstairs loading platform when we leave for a total per person cost of **\$10.00**. If you are writing a cheque please make it payable to Gigi Hamer as this is neither a program nor a workshop and should not be part of our guild's financial records. I will be paying cash to Randy, the manager, when we arrive.

After you have signed up and paid your \$10.00 you should contact Randy and make your own room bookings. The phone number is **1-604-932-4545**.



Library:

Have you been Spring cleaning your sewing room?

We will accept used books, magazines and gadgets and sell them.

Proceeds go towards the library.

Remember to return borrowed books and magazines.

Ros

If I stitch fast enough, does it count as aerobic exercise?

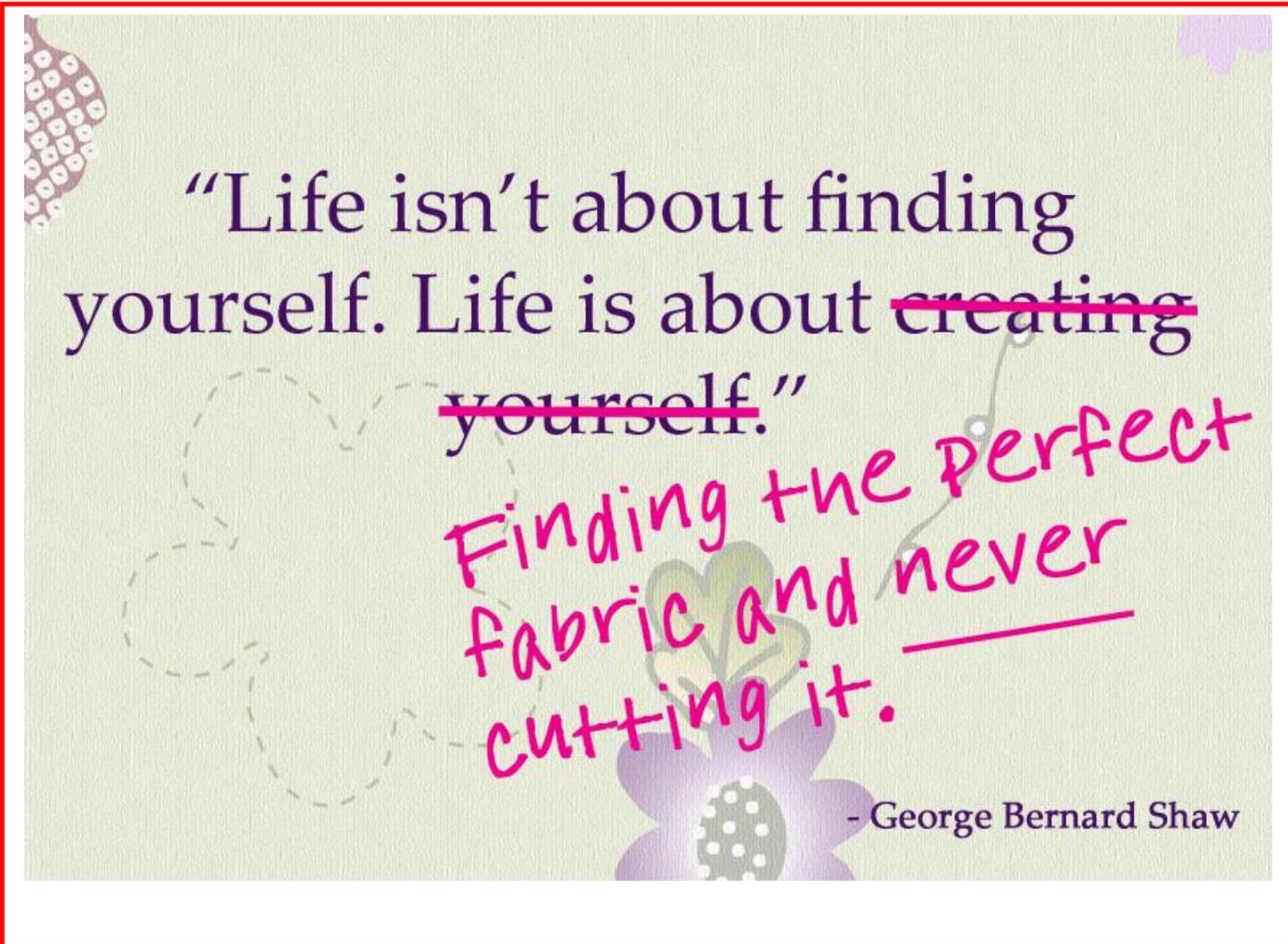
COMFORT QUILTS

I went to visit the Hospice, and delivered six bed sized quilts and two lap quilts. They were just getting some new beds and were delighted to receive the new quilts which will certainly get used immediately.

I will also be delivering some lap quilts to Evergreen House before the next meeting.

Thank you for all your hard work,

Terry



“Life isn’t about finding
yourself. Life is about ~~creating~~
~~yourself.~~”

Finding the perfect
fabric and never
cutting it.

- George Bernard Shaw

RECIPE BY REQUEST

This recipe was a big hit at the White Rock Retreat Potluck!
(many thanks, Catriona)

Carmelized Onion, Gruyere, and Bacon Dip

3 1/2 cups chopped onion
2 oz Gruyere cheese grated (reserve 2 Tbs for top)
2 Tbs chopped fresh chives
1/3rd cup Mayonnaise
1/3rd cup sour cream
1/4 tsp. Salt
1/4 tsp black pepper
3 slices cooked bacon crumbled

Oven 425 for 20 Mins

Saute onions for 5 mins stirring often, reduce heat to low cook 20 mins or till golden brown. Cool slightly.

Combine onion cheese, 1 Tbs chives and the remaining ingredients in a medium bowl.

Transfer to ceramic baking dish lightly coated with cooking spray or oil. Sprinkle reserved cheese and bake for 20 mins at 425. top with some chives.

OTHER QUILT GUILD WEBSITES:

www.canadianquilter.com

Blue Mountain Quilters Guild www.bluemountainquiltersguild.ca (Port Coquitlam)

Boundary Bay Quilters Guild www.boundarybayquiltersguild.ca (Boundary Bay)

Lions Gate Quilters Guild www.lionsgatequiltersguild.com (North Vancouver)

Campbell River Friendship Quilter's Guild www.crfriendshipquiltguild.com

Parksville Quilt House Quilters' Guild www.parksvillequiltthousequilters.com (Coombs)

Victoria Quilters' Guild www.victoriaquiltersguild.org

Sunshine Coast Quilters Guild www.scquiltersguild.com (Sechelt)

Langley Quilters' Guild www.langleyquiltersguild.com.

Squamish Valley Quilters' Guild www.squamishquilters.wordpress.com

Nanaimo Quilters' Guild www.islandquilters.ca

Chilliwack Quilters' Guild www.chilliwackquiltersguild.com

Fraser Valley Modern Quilt Guild www.fvmodernquilt.com (Abbotsford)

Fraser Valley Quilters' Guild www.fvqg.org (Delta)

Vancouver Modern Quilt Guild www.vancouvermodernquiltguild.ca

Vancouver Quilters Guild www.vancouverquiltersguild.com

Whistler Valley Quilters Guild www.whistlerquilters.com

UPCOMING SHOWS

May 9 & 10, 2014

Langley Quilters Guild presents ***The Threads That Bind Us*** George Preston Recreation Centre, 20699 42nd Avenue (208th Street and 42nd Avenue) Langley, BC

May 17 - 19, 2014

Comox Valley Schoolhouse Quilters' Guild is celebrating 30 years with a Quilt Show Saturday and Sunday 10:00 - 5:00 pm. Monday 10:00 - 4:00 pm. Held at the Cumberland Cultural Centre, 2674 Dunsmuir (back door), Cumberland, BC.

Admission is \$5.00. Join us for a Quilt Show, Quilt Raffle, Raffle Baskets, Guild Boutique, Merchant Mall and Cupcake Tea Room. For more information contact Marcy Horswill at horswill@telus.net or Nerissa at . 250-941-1809

June 6-7, 2014

Chilliwack Piecemakers Quilts in the Valley

Tradex, Abbotsford

www.piecemakersquiltingguild.wordpress.com

June 13 & 14, 2014

Lions Gate Quilters Guild 2014 Album of Quilts Show

Capilano University Sportsplex

2055 Purcell Way, North Vancouver

June 11 - 14, 2014

Quilt Canada 2014, St Catharines , ON Canadian Quilters' Association Registration Dates Delegate Registration - Oct 15, 2013 Day Student Registration - Jan 15, 2014

PLEASE NOTE: Online registration closes at midnight Eastern Time, Thursday May 1

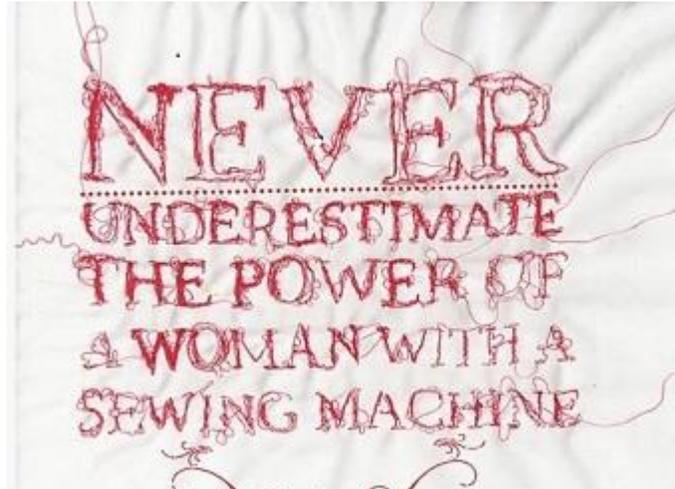


FOR SALE : Q-Snap Floor Frame

Asking \$50.00 or best offer. (New they are \$120.00). Frame comes apart.
Willing to deliver ...

Thanks, Kathy [604-644-7116](tel:604-644-7116).

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that sounds more impressive than
"fabric stash"



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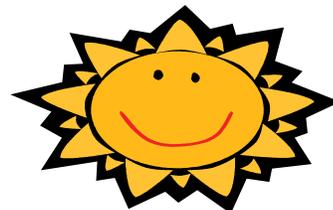
Moja is a wonderful place to grab a cup of coffee. It is located at the corner of Rupert Street and Harbour Ave (east of Canadian Tire)

Moja takes pride in supporting our community and we are pleased to thank Moja for their generosity.

When in the area, please drop in for a coffee.
Enjoy a Thomas Haas treat and say "Thanks" for providing our Guild with coffee every month!

REMINDERS!!!

- ✓ Name Tags
- ✓ Mugs
- ✓ Library Books
- ✓ Show and Tell



Do you know of a member who is under the weather?

If so, please call

Jan

604-985-4701

Grouse Mountain Day Quilters Guild

Next Meeting: Thursday May 15th

10:00 a.m. - 1:00 p.m.
(doors open from 8:30)

Apologies for any errors/omissions.

Contact Margo for changes at 604-986-3415 or margojnovak@gmail.com