

2013 - 2014 Executive

President: Tracey

Treasurer: Gail

Membership: Kerry

Secretary: Mona

Programs: Gigi

Library: Ros

Comfort
Quilts: Terry

Newsletter: Margo

<http://qmdgg.ca>

Well Hello Ladies and Welcome to 2014!!!

I am hoping that everyone has had a wonderful Christmas season. We are all relaxed and family members have all gone home. Now it's clean up time around the home, time to get things put away, and new objects placed around the home again. It's a great time to continue on cleaning in the quilt room. Finish up the WIP's (works in progress), don't forget it's the last month to register the quilts for the UFO contests. Or you could start thinking about a new project, whatever the case it's nice to get back to sewing again.

I would like to personally thank everyone who participated in our annual Christmas Luncheon. We had an excellent turn out, with lots of fabulous food appetizers and desserts. I would like to also thank the programs and workshops department for their great effort for games and prizes, laughs and lots of fun. I really enjoyed myself, and before we knew it, the time was over and the clean up began. Thanks to all, for the wonderful efforts to put the hall back together, I appreciated it. I also took a group photo, with all who were still there. I am working on the list of names for the back of it.

With our regular meeting in only a couple of weeks, get organized and come early, remember our doors open at 8:30 a.m. I am going to try and be early myself, and work on a hand project that I have on going.

I look forward to seeing everyone and hearing some great stories,

Love Tracey

Grouse Mountain Day Quilters Guild
meets the third Thursday of the month
at St. Martin's Anglican Church
195 Windsor Road East, North Vancouver



PROGRAMS and WORKSHOPS

ROUND ROBIN ROW QUILT CHALLENGE – Connie Willoner

The third rows you are working on are to be turned in at our January meeting.

UFO CHALLENGE - Trish Vickery

January is the last month to register all those unfinished projects littering your sewing room and hiding under the bed!

Isn't it time the baby quilts were finished (even if the baby is now 16) and the unbound mystery quilt on your bed is completed?

Make a commitment: \$2 for a personal quilt and \$1 for a community quilt will give you the chance for wonderful prizes in June (as long as you "show and tell" your completed project at the guild.)

SHOW & TELL

Please bring your Show & Tell items to share with us.

JANUARY PROGRAM – Trish Vickery

We are very fortunate to have secured Lorna Moffat, an artist from Scotland, for our meeting. She is a newcomer to Canada who recently attended the Modern Quilting Guild and she was suggested by Krista Hennebury.

Lorna is the author of "Silks Unraveled" and she works mostly to "turn traditional use and treatment of silk on its head" through the inspiration of her travels. She will bring projects for inspiration, and copies of her book.

FEBRUARY PROGRAM - Terry Whitehead

The February general meeting has been extended from **9:00 am to 4:00 pm** and will be devoted to comfort quilts.

The next day has also been booked from **9:00 am to 4:00 pm** and will also be devoted to comfort quilts.

MARCH PROGRAM – Gigi Hamer

Pippa Moore will be presenting her trunk show at our March 20 general meeting. And we are really delighted she is coming.

MARCH WORKSHOP – Gigi Hamer

Pippa Moore will be conducting a workshop for us on either Saturday, March 22, or possibly Friday, March 21.

APRIL PROGRAM – Trish Vickery

Krista Hennebury will be presenting her trunk show at our April 17 general meeting.

MAY PROGRAM – Mari-Lou Laishley

Ionne McCaulay has accepted our invitation to present her trunk show at our May 15th general meeting. Kim Carlson has kindly volunteered to billet her.

MAY WORKSHOP – Mari-Lou Laishley

Ionne McCaulay will be conducting a workshop for us on either Friday, May 16 or Saturday, May 17.

RETREATS

JANUARY IN SECHELT – Gigi Hamer

I have booked a quilt-till-you-wilt/retreat at Fibre Expressions in Sechelt for **Monday, Jan. 27, Tuesday, Jan. 28 and Wednesday, Jan. 29.**

We plan to leave before lunch on Thursday, Jan. 30 and will visit **Swish**, a ladies wear shop in Lower Gibsons, on the way to the ferry.

Fibre Expression's cost per person per day will be between \$15.00 to \$20.00. Very inexpensive! If you haven't been to Fibre Expressions, check out the web site. It is a wonderful store. I will have further details of this retreat and will talk about it at the January meeting.

I will have the sign-up sheet available and will coordinate this retreat so that we do not have too many quilters on any one date. We now have 6 going for the entire time, 1 going for the first 2 nights only and possibly 3 coming on Wednesday.

There is still a little room for any of you that would like to join us. Call me at **604-988-8111**, if you have any questions.

And if you haven't been to Swish, check out its website (swish gibsons) and then look at the photos section. The store owner, Lynne, has offered to make goody bags for each of our members going to the retreat.

APRIL IN WHITE ROCK - Catriona

Mark your calendars, Ladies - the White Rock Retreat will be **April 4-7, 2014.** More to follow in the coming months.

JUNE IN WHISTLER

Our June retreat is tentatively scheduled the weekend of Father's Day.



Library:

Happy New Year!

Happy Quilting!

Happy reading!

Remember to return books and magazines.

Ros

COMFORT QUILTS

Happy New Year!

Our comfort quilt days this year are the **20th and 21st of February from 9:00 until 4 o'clock**, the 20th being our regular meeting date.

For the new members in the group let me explain what the comfort quilt workshops involve. We set up the hall with various stations, i.e. cutting, sewing, batting, pinning and tying and hand sewing .etc. Please think about what area you would like to work in and bring what you need i.e. your machine, rotary cutters, scissors, cutting board, needles etc. We will supply coffee and tea and goodies but you should bring your own lunch.

Everybody is expected to help with the comfort quilts at some time in the year. We do understand not everybody will be able to attend, but you can help by making a top, sewing on a binding, or machine quilting at home. My helpers and I will be making some kits with patterns to help make things easier. Or you can choose some fabric yourself, or mix it with something you wish to donate.

This year we will need some more children's quilts and larger single bed size for the Hospice, Sage House, and Pearl's Place, etc. Maybe you can share the task with a friend if it is too much for one person. If you have any questions feel free to contact me or anyone on my committee.

Terry

PREPARATION OF BACKING AND BATTING

(Posted December 29th, 2013 by [quiltercon](#))

- The backing and batting should always be at least 2" larger on all sides than your quilt top.
- Iron your backing, using a good spray starch. Starch will help keep the backing straight, with less shifting when basting.
- The night before you plan to baste, lay your batting out over the sofa or another large area to let the fold lines 'rest'. You can even give the batting a quick press if needed to remove the stubborn wrinkles.
- Tape the backing to a flat surface – the floor or a large table. Make sure all the creases are smoothed out and the fabric is taught, but not stretched.
- No matter which method of basting you use – pin, hand, or spray – always begin basting in the centre of your quilt and work outwards.
- After basting and before you begin quilting, check the back of the quilt for any possible pucker areas and adjust as necessary.

HAND BASTING

- Hand basting is often used on hand quilted items, as the quilt layers are easier to place in a hoop and the basting will not get in the way.
- Use a thread in a high contrasting colour so it is easier to see to remove later.
- Try a water soluble thread for easy removal when the quilt is finished.
- Leave the thread attached to the spool and gently pull through the fabric as you make your running stitches.
- Start with a centre line in each direction and baste in a star shape over the entire quilt.
- Use long stitches (1-2" in length).
- No need to knot your thread – just leave a long tail you can pull later.

PIN BASTING

- Pin basting is best on larger quilts, compared to spray basting, as there is less likelihood of shifting as you quilt. Larger quilts also take longer to complete, and spray baste may wear off in time.
- Try to get stainless steel pins as they won't rust.
- Make sure the pins go through all three layers of your quilt.
- Work on one section at a time and close all the pins at the end – in case you want to move one depending on your quilting design.
- Pins should be placed no more than 4" apart in any direction (about the width of your fist).
- Use a table knife or crochet hook to push pins closed – to save your fingers!

SPRAY BASTING

- Whenever possible, spray outdoors.
- If spraying indoors, lay an old sheet or painters plastic over our work surface to protect the area.
- Work in halves – lay the batting over the quilt back; fold half the batting back and working from centre out, spray 6" at a time. Carefully place batting over backing and smooth out to adhere and remove wrinkles. Repeat for other side.
- Spray basting is easily reposition-able, so you can make adjustments as you go.

UPCOMING SHOWS

May 2 to 4, 2014

Victoria Quilters' Guild 2014 Quilt Show and Sale – *Adventures in Quilting* Pearkes Arena 100 Tillicum Road, Victoria, BC

May 9 & 10, 2014

Langley Quilters Guild presents *The Threads That Bind Us* George Preston Recreation Centre, 20699 42nd Avenue (208th Street and 42nd Avenue) Langley, BC

June 11 - 14, 2014

Quilt Canada 2014, St Catharines , ON Canadian Quilters' Association Registration Dates

Delegate Registration - Oct 15, 2013 Day Student Registration - Jan 15, 2014

PLEASE NOTE: Online registration closes at midnight Eastern Time, Thursday May 1



Hamels
FABRICS & QUILTING

Canada's Largest Online Quilt Shop

Drop by and Visit our
**Quilting In
The Country**
Location
"Your Moda Pre-cuts Headquarters"

Directions:
Heading East or West
on Highway #1, take the
Lickman Road exit. Head
south on Lickman Rd. for
approx. 4 km. When you
cross the railroad tracks,
you are almost there.

Shop online at: www.hamelsfabrics.com
Toll Free Order Line : **1-877-774-2635**
Email: hamelsfabrics@shawcable.com
5843 Lickman Rd., Chilliwack, BC V2R 4B5

EuroTech

Sewing Machine Repair

ALL DOMESTIC SEWING MACHINES & SERGERS
FORMER ALBEE'S SEWING CENTRE TECHNICIAN

Factory trained by

PFAFF HUSQVARNA
BERNINA ELNA

Wei Hin Ng

Service Technician

t: 604.568.1238

w: www.eurotechsewrepair.ca



Serving the Vancouver area since 1989

Moja

Moja Coffee Corp.
1412 Rupert Street
North Vancouver BC V7J 1E9
mojacoffee.com

Alexis Therrien
Café Manager
(1) 604-983-6652
alexis@mojacoffee.com

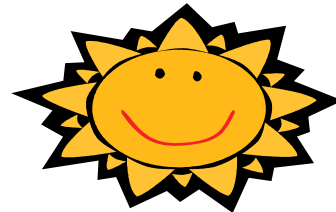
Moja is a wonderful place to grab a cup of coffee. It is located at the corner of Rupert Street and Harbour Ave (east of Canadian Tire)

Moja takes pride in supporting our community and we are pleased to thank Moja for their generosity.

When in the area, please drop in for a coffee.
Enjoy a Thomas Haas treat and say "Thanks" for providing our Guild with coffee every month!

REMINDERS!!!

- ✓ Name Tags
- ✓ Mugs
- ✓ Library Books
- ✓ Show and Tell



Do you know of a member who is under the weather?

If so, please call

Jan

604-985-4701

Grouse Mountain Day Quilters Guild

Next Meeting: Thursday, January 16th

10:00 a.m. - 1:00 p.m.
(doors open from 8:30)

Apologies for any errors/omissions.

Contact Margo for changes at 604-986-3415 or margojnovak@gmail.com