

# THE EASY BURRITO PILLOWCASE METHOD

## **MATERIALS NEEDED:**

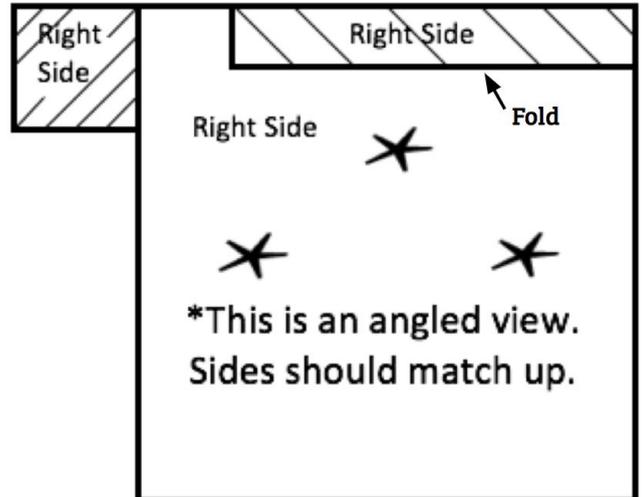
- Main - 27" x 40/42" (watch directional prints)
- Cuff - 9" x 40/42"
- Accent - 2" x 40/42"

## **SEWING INSTRUCTIONS:**

### **STEP 1: LAY OUT THE FABRICS FOR YOUR PILLOWCASE**

Layer the fabrics in front of you as follows:

- Place the 9" coordinating fabric right-side up.
- On top of that, place the 27" main fabric right-side up, aligning the top raw edges.
- On the very top, place the folded accent strip, so that the raw edges are aligned with the top raw edges of the other pieces.



### **STEP 2: ROLL UP THE FABRIC**

Starting at the bottom and working your way up, begin to roll the 27" main fabric panel into a little tube or "burrito." Stop rolling when you get about to the center of the 9" coordinating fabric. The coordinating fabric should be on the bottom, right-side up. The main fabric will be on top of that, right-side up. The folded accent strip will be on top of that, raw edges aligned with other raw edges.

### **STEP 3: FOLD UP THE BOTTOM FABRIC**

Next, take the bottom of the coordinating fabric (the chevron fabric for me), and bring it up over the burrito. Align the raw edges with the raw edges of all the other fabrics. Pin in place along the raw edges, making sure to trap the skinny accent strip as well.

### **STEP 4: SEW ALONG THE RAW EDGES**

Sew with a 1/4" seam along the raw edges, or you may use a serger.

### **STEP 5: UNROLL THE BURRITO AND PRESS**

Gently tug at the fabric inside the burrito, pulling it out of the tube. Once completely out, press flat; paying close attention to the accent strip and coordinating fabric.

### **STEP 6: TRIM TO SIZE**

It's time to trim off the selvages and get your pillowcase to the right size! First, trim the pillowcase so it is 28" from the accent strip to the opposite end. Then, remove the selvages so the pillowcase is only 40" wide. I like to fold my pillowcase in half like this so it is easier to measure and cut the 40" length (which means trimming to 20" when folded in half).

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### **FINISHING WITH A SEWING MACHINE:**

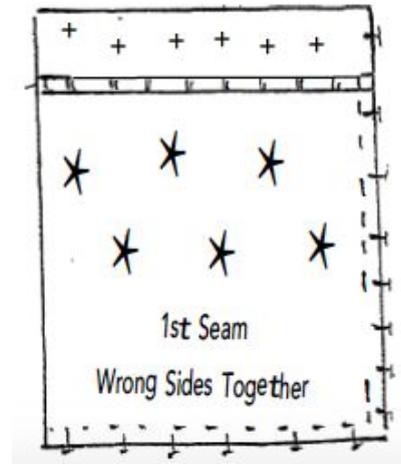
If you are using a regular sewing machine, you'll want to sew a French seam on the top and right sides, so you have a nice finished edge. First, fold the pillowcase in half with wrong sides together.

Next, stitch a line 1/4" in on the two sides with raw edges only. This will go against your intuition, unless you're familiar with French seams.

Turn the pillowcase wrong-side out and press, poking out the corners. Now, sew a 3/8" seam (or a 1/2" if you prefer) on the same two sides you sewed earlier. This will trap the raw edges inside and make a nice, clean finished edge.

This not only looks prettier, but it will be more durable than an unfinished seam.

That's it! You've learned how to make a pillowcase and you've finished the burrito pillowcase pattern. You can also make the pillow without the 2" accent strip, or sew it up in all one fabric for a more traditional look!



HAVE A GREAT SLEEP!

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